



United States Army

World Class Athlete Program

An Army Morale, Welfare and Recreation Activity
U.S. Army Community and Family Support Center
 4700 King Street, Alexandria, VA 22302-4418



Army Athlete Profile: Specialist Milton Mallard



Track & Field
100m/200m/400m

Date of birth:
November 24, 1973

Hometown:
Garland, Texas

Military Occupation:
Aviation Operations
Specialist

Military Rank:

Spc. Milton Mallard is a member of the World Class Athlete Program's Track & Field Team.

Spc. Mallard was a semi-finalist in both the 1998 and 1999 National Championships, and was a 2000 U.S. Olympic Trials quarter-finalist. In 2002, he won a bronze medal at the Texas Southern Relays, a gold medal at the Mt. SAC Relays, and a bronze medal at the Harry Jerome Track Meet. As a part of a 4x400 team, he placed first at the 2003 Hilton Memorial Track Meet, the 2003 Niswonger Invitational and the Johnson City Invitational, and second at the 2003 Houston Invitational and the 2003 Mountain T. Invitational. Spc. Mallard also won the bronze medal in the 400m (section) at the 2003 Modesto Relays. More recently, he placed first in both the 100m and 200m at the 2004 Air Force Open, and won the gold medal at the 2004 Mt. SAC Relays (200m).

An Aviation Operations specialist, Spc. Mallard entered the Army on February 21, 2001. He completed basic training in April 2001 and advanced individual training in June 2001.

Spc. Mallard joined the Army "to better my life and get wonderful job training. Being a member of the Army's World Class Athlete Program is important to me because it gives me the opportunity to continue my athletic career and also sets me up to give back to my country."

Spc. Mallard loves his particular sport because he loves to travel and meet different people. He gets pumped up for competition by listening to music.

When Spc. Mallard is not practicing or training he likes to spend time with his family.

He is a graduate of North Garland High School in Garland, Tex., and the University of Texas-El Paso.

Personal Bests: 100m – 10.13; 200 – 20.18; 400m – 45.23

For more information about the United States Army's World Class Athlete Program, contact the CFSC Public Affairs Office, pao@cfsc.army.mil, 703-681-1545/47/48 or visit www.armymwr.com.